



GUIDELINES FOR CONNECT GROUPS DURING THE COVID-19 OUTBREAK

When Your Group Meets

- Firstly, if you have elderly, young children or immune-compromised people in your household, we strongly suggest that you don't host your connect group. Exceptions may be, if you have a room they don't go into or if you can sterilize surfaces after your connect.
- When people arrive, ask them to cleanse their hands thoroughly.
- Remind people to avoid touching their faces as much as possible and to be aware of others – some people may be ok with handshakes or hugs, but some people might not be. Let's do everything to honour each other in this time and respect each other's boundaries.
- If you, as a leader/host are feeling ill, please either ask someone else to host the group elsewhere or cancel the meeting.
- If someone else in the group is feeling sick, please tell them to stay home. Be sure to communicate this clearly and with love.

Facilitating Communion Moments

- Communion is an important moment for us as Christians and we encourage you to share this moment with your connect groups.
- Remember that Jesus is the focus of this moment, and what He did for us on the cross.
- Make sure to help people reflect on Christa and give them a moment to do so.

Helping Others Through Moments of Fear

- Don't try to dismiss their feelings; fear is real. We don't try to deny facts, but we also don't allow facts to distract us from who God is and what He is doing. Acknowledge their feelings.
- Acknowledge who God is. This is faith; that in the midst of our fear He is still God, He is still in control, He is still with us.
- Spend time in prayer. Ask the Holy Spirit to come and reveal more of who God is in this situation and for His peace to be present.
- Keep loving them and keep in contact, even if they don't want to attend connect in person.

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